FROM THE MASTER

My sincere thanks to all those students who helped to host our visitors to the College and UNE Open Day. I have always said, that the students of Albies are the best advertisement we have for the College and they proved it, yet again, on Friday. As always, any support the students can give, as we aim to market our great community more broadly, whether to family, friends or even back to their schools and clubs, is greatly appreciated.

On the weekend, the Albies’ Rugby Club assisted New England Rugby, to host the NSW Country Championships, at our home ground, Bellevue Oval. Our students shone brightly again, as we fulfilled a plethora of roles, from liaison officers through to ground marshals. I am also well aware that our committee took the brunt of this responsibility and, in particular, I’d yet again like to thank the rugby president, Mark Buttenshaw, for his exceptional leadership.

This week curfew has begun for the College. This is a time when our students recognise the need for quiet, enabling academic focus for all our students. Respect is an important value of our College and I’d like to think that this would be prioritised by all during the next few weeks, in both the lead up to and during exams.

Finally, a ‘Save the Date’ to mark on your calendar. Our ‘Back to Albies’ Race Day will be held on Saturday, 10th of September. I encourage you to pass this message on to family and friends of our College, as this will be a very special weekend on the College calendar. More information will follow soon, however, in the meantime, please encourage others to set the weekend aside. This is shaping up to be a brilliant weekend for the College, as we welcome friends of St Albert’s, old and new, to join in the celebrations.

With my best wishes,
Jas Lincoln

FROM THE DEAN

Last week saw the annual UNE and College Open Day. Thank you to all who were out and about showing off our great College to prospective students and community members. A special mention must go to the RST and JCR, who assisted with tours, as well as having a presence at the UNE residential tent.

This year, we took over 200 expressions of interest from prospective students. They will be contacted, later this year, just before applications for 2017 open. We had some extremely positive feedback from many families who came through the college last Friday.

Exam curfew is now well under way. It is time to settle and focus on the fast approaching exams. You are reminded that there are no social functions to be held on campus and no alcohol is to be consumed on College grounds. Please respect the quiet times throughout this period. Members of the RST have been given a directive by management and fines will be enforced, should you wish not to respect the curfew period.

In the lead up to exams, please ensure you are constructively preparing yourself. Remember that your academic advisors are also preparing for exams, so please be respectful of this, by not leaving your preparation to the last minute. Should you feel that you are eligible for special consideration or a special extension of time, feel free to come and speak with me regarding these processes. All cases must be supported with documentation, as per university requirements.

With thanks as always,
Mick McGuigan
The last week’s proceedings brought forward many antics. As the temperature dropped from perfect conditions on Thursday, it was not a great night to be asked to cool off. With all the students piling into the Services, and speaking bans enforced till the strike of 12, the separation of genders brought Sweeney and French much closer. As Sizey and Condo shared a dance through the lights, the girls took the prize for most well dressed. ‘A Block’ had a lock in and there was also one last Sunday event that took place, to make the most of the time before curfew begins. These events brought everyone out for one final crack, before the stress of exams nearing gets the best of the college. We saw heated pools, long tables filled, a professional DJ and kick ons where possible. The college now turns quiet, with learning to continue, cabin fever to set in and any excuse to get away from the desk a must, with maybe the odd 21st to help ease the stress.

Best of luck with the forthcoming exams.

Freddy

Exam curfew is now in place until the end of the term. Please be aware of keeping the noise level to a minimum during this time.
If you require any help with your study, please contact your AA.

UPCOMING EVENTS

Monday 9 May  Exam Curfew Starts
Friday 20 May  Internal Lectures End
Monday 23 May  Examinations Commence
Friday 3 June  Trimester 1 and Examinations End
Saturday 4 June  Internal Students Depart from College by 10am
Academic Report

As we now enter curfew and exams are nearly upon us, everyone is busy finishing up assessments and studying. Below are some checklist items, as well as thoughts, to keep in mind coming up to exams.

During the upcoming exam/curfew period you should:

- Access your UNE exam timetable, taking note of the date, time and location of your exams (available through myUNE)
- Check what you are allowed to take into your exam – including approved calculator models
- Regularly check your UNE emails, for updates to your exam timetable and happenings of your units
- Finish assessments
- Check the format of your exam with your unit coordinator or on Moodle
- Do past papers for your units. These are available through the mySTUDY tab on myUNE
- Complete summaries for your units, whilst keeping up to date with lecture material

Utilise your AAs and remember that they do have exams themselves, so please be mindful of visiting hours.

Peta Bradley

<table>
<thead>
<tr>
<th>WHEN</th>
<th>WHAT</th>
<th>WHERE</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 7.00</td>
<td>MTHS110</td>
<td>Conference Room</td>
<td>Sarah</td>
</tr>
<tr>
<td>Monday 8.00</td>
<td>PSYC101</td>
<td>Conference Room</td>
<td>Steph</td>
</tr>
<tr>
<td>Tuesday 7.00</td>
<td>ECON101</td>
<td>Conference Room</td>
<td>Georgia</td>
</tr>
<tr>
<td>Wednesday 6.30</td>
<td>1st Year Nurses</td>
<td>Tutorial Room</td>
<td>Bec</td>
</tr>
<tr>
<td>Wednesday 7.00</td>
<td>RSNR110</td>
<td>Conference Room</td>
<td>Fi</td>
</tr>
<tr>
<td>Thursday 5.00</td>
<td>2nd Year Med</td>
<td>Conference Room</td>
<td>Ben</td>
</tr>
</tbody>
</table>

NERD NIGHT
7.30pm Wednesday in the Dining Hall - Peta

If you can’t attend your tutes please contact your AA and let them know.

LET’S TALK WITH LOUISE

Hi all,

It’s coming up to the exam period for a lot of you, so I imagine many of you are feeling stressed. UNE Student Support has an awesome tip sheet (study gym) to help overcome exam anxiety, and improve concentration and memory for effective revision. Check it out:


If you feel like having a chat, I’m at college Mondays, Wednesdays and Thursdays from 12-3.30 pm. I am also available at the Centacare office in the morning on the same days. I can be contacted on 67387200 or via email; l.carstairs@centacarenew.com.au

Hope you all have a great week.

Lou
On Sunday, the 8th of May, the MB and PT Athletics carnival took place. An Albies’ team was assembled and the team “selected” to represent us, ranged in abilities in their selected events. Some were very well suited, others not so much! The schedule for the day ran as follows:

**1500m** (MB: Bebe Lewis, Annabel Tonks and Katie McGregor. PT: George Jones, Kieran Smith, Damien Thomson and Tim McDermott) A memorable race was run by Bebe, although disappointment set in, as it was cut short due to illness. Two of the boys running ran for no reason, other than their love to run.

**Long jump** (MB: Ivy Watterson and Bebe Lewis. PT: Jack Spork and Tim McDermott) Our girls were star performers, way above the pack.

The men’s long jump team really out did themselves, jumping with heart, the whole six times.

**400m** (MB: Pip McKee and Meg Peglar. PT: George Jones and Kieran Smith) Competitive races, with our specialist runner, Pip, coming up with the win and our man that can do it all, Kieran, also got the pie at the end.

**Shot put** (MB: Claudia Powell and Meg Peglar. PT: Charles Carson and Angus O’Neill) Unfortunately, the boys were unable to complete their six throws.

**100m** (MB: Ivy Watterson and Katie McGregor. PT: Sam Rogers and Harry Miller) With Sam pulling a hamstring, it was up to Harry, who needed time out promptly after finishing his race.

The girls set their sights on the prize and put two hands on it.

**200m** (MB: Annabel Tonks and Katie McGregor. PT: George Jones and Kieran Smith) Katie, once again, showed the college how much competing means to her, while Annabel let her long legs get the better of her.

**Javelin** (MP: Meg Peglar and Annabel Tonks. PT: Josh Walker and Kieran Smith) Unfortunately, the Albies girls were unable to get the point to stick, while the boys came up with one good throw from six, to snag 2nd.

**Triple jump** (MP: Meg Peglar and Annabel Tonks. PT: George Jones and Elijah Barns) Meg and Annabel put their hearts on the line again, while a late arrival, Elijah, stepped it up for the boys.

**800m** (PT Micheal Thommo Thomas and Craig Norrie) Two of our fittest (finest) competitors slipped into their spikes. Sadly, they struggled home in the end.

A massive thank you to all who participated and supported the day. It was a success in the end, even although it started sluggishly.

Austin College is still hanging onto the competition’s top step, but only by the skin of their teeth.

Thanks,
Craig Norrie

---

**MB/PT SCHEDULE TRIMESTER 1 2016**

<table>
<thead>
<tr>
<th>MB</th>
<th>PT</th>
<th>2016</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waterpolo</td>
<td>Waterpolo</td>
<td>14th May (Saturday)</td>
<td>Sport UNE</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Tennis</td>
<td>15th May (Sunday)</td>
<td>Sport UNE</td>
</tr>
<tr>
<td>Cross Country</td>
<td>Cross Country</td>
<td>22nd May (Sunday) 10am</td>
<td>Sport UNE</td>
</tr>
</tbody>
</table>
Sports Report

ALBIES NETBALL CLUB—HARIETTE SPORK

Over the last few weeks, B Red have been working hard on skills and fitness. As a result, this has allowed them to see multiple wins. This week, B Red had another great game, which they won. This has allowed them to maintain their undefeated status.

Peta Bradley proved just how strong Albies’ girls are, when, after dislocating her thumb, she popped it back in and continued to play for another two quarters.

In centre court, Mikaela Brown and Amelia Dyer played a fantastic game, each making multiple intercepts. All three of B Reds shooters proved unstoppable, successfully scoring off nearly every shot. The girls worked well together throughout the game, dominating each quarter.

<table>
<thead>
<tr>
<th>ALBIES NETBALL RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Grade</td>
</tr>
<tr>
<td>Won 35-28</td>
</tr>
<tr>
<td>A Res 1</td>
</tr>
<tr>
<td>Won 31-29</td>
</tr>
<tr>
<td>A Res 2</td>
</tr>
<tr>
<td>Lost 23-20</td>
</tr>
<tr>
<td>A Res 3</td>
</tr>
<tr>
<td>Lost 28-21</td>
</tr>
<tr>
<td>B Red</td>
</tr>
<tr>
<td>Won 23-17</td>
</tr>
<tr>
<td>B Green</td>
</tr>
<tr>
<td>Won 18-16</td>
</tr>
<tr>
<td>B Blue</td>
</tr>
<tr>
<td>Won 20-4</td>
</tr>
<tr>
<td>B Yellow</td>
</tr>
<tr>
<td>Lost 42-14</td>
</tr>
<tr>
<td>C Grade</td>
</tr>
<tr>
<td>Lost</td>
</tr>
</tbody>
</table>

ALBIES RUGBY CLUB—MARK BUTTENSHOW

Over the weekend, the NSW Country Championships were played in Armidale. This saw 9 zones from around NSW converge upon Bellevue rugby facilities, to play out a weekend of rugby. Both the New England Opens and Colts boasted a large amount of Albies representatives. For New England Seniors, the day started out against Far North Coast, with the Lions going down 36-24, in a hard fought contest. This loss pitched the Lions against Western Plains in an afternoon fixture, which saw New England get up 23-12 and secure a berth in the Richardson Shield Final. The New England Colts played their first game against the Central Coast outfit, with injuries hitting the side like a freight train. The Cubs succumbed to a 17-14 defeat, meaning they would be up against Central North in the 3rd & 4th playoff on Sunday.

The Richardson Shield saw a heavily fancied Central West side up against the New England seniors, with the winner gaining entry into the Tier 1 pool for the next year. It was always going to be a hard game, made harder with the injuries and fatigue the team faced. The final score was 68-12 to Central West. The New England under 20’s side played their final game, to determine whether they finished in 3rd or 4th position, and proved their determination as they emerged 17-10 victors. Illawarra took out the top gong for the second year in a row in the seniors, while in the under 20’s the Newcastle Hunter side claimed the title.

Over the weekend, I would like to thank all the volunteers who rolled their sleeves up and just got the job done. It was a great display for the club.

ALBIES HOCKEY CLUB—PETA BRADLEY

On Sunday’s unusually warm morning, the girls took on United. After being narrowly defeated the previous week, the girls put on their game faces and dominated in the 1st half. Fiona McDonald scored a goal off a short corner and this was shortly followed by Camilla Paton, who scored an amazing shot, which was side-on to the goal. As the 2nd half wrapped up, Fiona scored again off a penalty stroke. United also scored a goal, after the bell, from a short corner.

At half time, the Albies’ girls were ahead 3-1. The team still had a lot of work to do, as United is one of the strongest teams in the competition. The second half saw fewer goals, however, the competition ramped up, with some great work in defence from Josie Bambling. In the centre field, Alice Bowler and Gabi Kassulke managed to hold out United. Alice teamed up with Camilla Paton, who once again scored.

At full time, the score was 4-1 to Albies. A great game was played by all and a special thanks must go, as always, to our wonderful coach, Peter, for his guidance and also to Trevor, for providing his assistance to a rookie goal-keeper.

Our next game is on Saturday at 1:00pm and we hope to get as many supporters there as possible, as we will be playing Guyra.
UNE OPEN DAY

Last Friday, St. Albert’s opened its doors to over 200 prospective students, for the annual UNE Open Day. There was a buzz around the college and a sea of red and green. The RST gave up their time to give tours to students and their parents, showing off what our college has to offer and what we are all about.

The students were shown through our dining hall, the newly renovated JCR and study facilities, a display accommodation room and throughout the grounds. While the tours were being undertaken, the students were told valuable information about the real Albies’ experience.

A special thanks goes out to the 1st year students, who ran tours for their old school mates and also to the grounds and cleaning staff, for having the college in such an impressive state.

With a long list of students showing an expression of interest and pegging us well above the other colleges, the intake for 2017 looks strong.

Harry Pendlebury

Mass times - College and Town

Saints Mary and Joseph Catholic Cathedral
Sunday Mass is held at 8am, 10am and 5.30pm each week.

College Mass
Held each Tuesday afternoon at 5pm in the College Chapel.